

History Buffs

Want to incorporate history into your mentoring sessions?

Here's some ideas!

Favorite Historical Era

Help your mentee to look up his or her favorite historical era. If he or she does not have one, suggest yours or ask your Mentor Coordinator for a suggestion!

Some things to consider...

How did people dress then? How is it different from today's hottest styles?

What did people eat in that era? Would you eat it today? Why or why not?

What events, if any, defined that era?

Favorite Historical Figure

Help your mentee to look up his or her favorite historical figure. This could be anyone your mentee wants to look up (past presidents, kings, queens, leaders, etc.) If he or she does not have one, suggest yours or ask your Mentor Coordinator for a suggestion!

Some things to consider...

Who was this person and why was he/she important?

What was his/her life like?

Would you like to be friends with this person? Why or why not?