

CREATE A PICTORIAL LIFE JOURNEY

Grab some paper, markers, crayons, colored pencils or pens and begin to map out your mentee's life.

Show the mountain tops and the valleys, the special events and the meaningful persons along the way. Use symbols of rain, lightning bolts or sunshine, happy or sad faces, or different colors for different emotions.



Then continue the journey into the future. What is on the road ahead? When both the mentor and mentee create and share their journeys, trust and understanding are built. All that is needed is a little creativity.