

Let the Mentee be the Expert

Discover something the mentee is knowledgeable about and let him or her be the teacher. One woman mentor brought a computer football game for her male mentee to play. He explained the rules of the game and the types of plays to her. Another mentor had a Muslim mentee. He encouraged his mentee to teach him about his religion and share the significance of Muslim religious holidays as they occurred during the school year. When the mentee has the opportunity to be the expert, and the mentor shows genuine interest, the mentees sense of competence and self-worth may blossom. Have fun with this, you may never know what your mentee can teach you!

